

Miss Helen Horton,
Chair Amnesty International UK Section Board;
Mr Sandy Ruthven,
Amnesty International UK Charitable Trust.
contactus@amnesty.org

10th July 2026

Dear Helen Horton and Sandy Ruthven,

Re: Amnesty International (2026) A growing threat: the anti-rights movement in the UK.

https://web.archive.org/web/20260709084603if_/https://media.amnesty.org.uk/documents/Report - A growing threat the anti-rights movement in the UK July 2026.pdf

We are contacting you to challenge the accuracy of the above report by Amnesty International, which describes our organisation, Thoughtful Therapists, as part of an anti-rights movement, which is linked in an appendix to alleged 'Conversion practices'. The report does not define conversion practices at any point, nor does it provide substantive evidence that our organisation participates in any way, shape, or form in so-called conversion practices. Given that the current Draft Conversion Practices Bill CP 1604 has just been published by the Cabinet Office, this seems calculated to link our organisation to potentially illegal activities, but without providing a scrap of evidence. As in the case of the Red Queen in Alice in Wonderland, "Sentence first – verdict afterwards."

A former version of Amnesty would have been strongly committed to following evidence and the rule of law. You will be fully aware that our gender critical views as therapists are covered by the Forstater judgement as protected beliefs under the Equality Act 2010. You will also be aware that the UK Supreme Court ruling of 2025 has clarified the biological nature of sex for the purposes of interpreting the Equality Act 2010. Amnesty International seems unwilling to accept the existing law relating to equality legislation and to our rights to free speech as legal reality, but seems to prefer taking refuge in its own imaginary and highly selective version of human rights.

We look forward to receiving an apology and a full public correction of this unevidenced and inaccurate statement about Thoughtful Therapists as being in any way involved in 'conversion practices'.

Yours,

Peter Jenkins

For Thoughtful Therapists

info@thoughtfultherapists.org